

Informational-Analytical Center for Risk Assessment of Food Chain, Center for Ecological-Noosphere Studies, National Academy of Sciences, Republic of Armenia

## Heavy Metal Exposure Assessment in Mining Regions of Armenia

### Meline Beglaryan

Viterbo 2019





## **Environment** Health

Syunik is the major mining region of Armenia, which results pollution of environment;

- Heavy metals accumulate in agricultural soils and enter the food chain;
  - Diet is one of the main exposure pathways to toxic trace elements.

Fruits and vegetables are considered to be essential part of healthy diet.

- Syunik's rural community population mostly consumes locally grown crops;
- Previous studies showed the occurrence of non-carcinogenic risk via fruits and vegetables consumption.



Kajaran Mine, the largest operating mine in Armenia.

**Fruits and Vegetables in Diet** 

Fruits and vegetables grown under the impact of mining industry are also sold in the markets of adjacent urban areas.





#### **DIET STUDY**

#### Individual-based approach

# Food frequency questionnaire(FFQ)





Questionnaire N /

\_\_\_\_/\_\_\_/2017

Dear participant, the following survey is conducted by the Informational-Analytical Center for Risk Assessment of Food Chain of the Center for Ecological-Noosphere Studies of National Sciences of RA. The survey is designed to investigate the consumption of vegetables and fruits among Yerevan residents. When answering to the questions, please, be as honest as possible because your participation is highly important.

We would like to inform that the survey is ANONYMOUS, no personal data will be recorded and the results will be presented in a general format.

#### Block 1. Consumption data

1. How much and how often do you consume the following products?

	Net			Consu				
Food type	consu- med	1. Every day	2. 2-4 times a week	3. Once a week	4. 2-3 tímes a month	5. Once a month	Other	Consumption portion (daily)
1. Potato								
2. Bell Pepper								
3. Tomato								
4. Cucumber								
5. Carrot								
6. Eggplant								
7. Zucchini								
8. Green leafs								
9. Apple						ţ —		
10. Plum								
11. Watermelon								
12. Muskmelon								

	_		Bazaar					Supermarket					5				
Food type South Store	1. GUM	2 Malatia	3. Nor Norq	4. Komitas	5. Shengavit	6. Erobuni	Other	<ol> <li>Yerevan</li> <li>Garo</li> </ol>	2. SAS	3. Evrika	4.Nor Zovq	5. TITAN	Other	Vegetable gard	Other	Mention the origin of food item, if possible	
l. Potato																	
2. Bell Pepper			1					í.						1 1			
3 Tomato																	
4. Cucumber								Ĵ.						11			
5. Carrot																	
6 Eggplant														1 1			
7. Zuochini																	
8. Green leafs																	
9. Apple								Î.									
10. Plum																	
11. Watermelon																	
12. Muskmelon																	

2.2 Age:				
2.3 Gender:	□ 1) M.	□ 2) F.		
2.4 Education:	□ 1) Higher	LJ 2) Vocational	□ 3) Secondary	
2.5 Occupation:	□ 1)Employed	□ 2) Unemployed		
2.6 Number of family memb	ens:			57 E
2.7 Average monthly family income	□ 1) Up to 70.000 AMD	П 2) 71 150.000 П 3) 151 250.000 АМД АМД	□ 4) 251 400.000 □ 5) 400.000 AMD AMD and more	□ 6) Refuse to answer



# **Investigated Food Items**





















Onion leaves

















F



# **Investigated Food Items**





Dewberry





Eggplant



























F

#### **FOOD ANALYSIS**

The concentration of *Ni, Cr, Pb, As, Cd* in commonly consumed

fruits and vegetables were determined using the

atomic absorption spectrophotometer

(AAS, Perkin Elmer Aanalyst 800).



#### **DATA ANALYSIS**

 Statistical analyses were carried out by Microsoft
 Excel and SPSS (SPSS Ins., Version 11).

*Output1 [Document1] - IBM SPSS St ille Edit View Data Transform	atistics Vie Insert F	wer F <u>o</u> rmat <u>A</u> I	nalyze <u>G</u> raph	ns <u>C</u> ustom	Utilities Add-	ons Window Help		
Image: Contract of the second sec								
			ž	Gender	1	Cumulative		
Active Dataset			Frequency	Percent	Valid Percent	Percent		
Descriptive Statist	Valid	Female	216	45.6	45.6	45.6		
Frequencies		Male	258	54.4	54.4	100.0		
Title		Total	474	100.0	100.0	3		
Image: Contract of the second sec								
Title			Frequency	Percent	Valid Percent	Cumulative Percent		
Minority Class	Valid	No	370	78.1	78.1	78.1		
	100000000000000000000000000000000000000	Yes	104	21.9	21.9	100.0		
		Total	474	100.0	100.0			
	IBM SPS	S Statistic	s Processor is	ready Ca	ses: 100 Unicod	A:ON H: 132 W: 452		



Methodology (according to US EPA)

### Carcinogenic Risk (CR) Assessment

## $\mathbf{CR} = \mathbf{EDI} \mathbf{x} \mathbf{SF}$

#### **EDI – Estimated Daily Intake**

**SF** – **Slope Factor** 

Trace element	Ni	Cr (VI)	Pb	Cd	As
SF (mg/kg/day)	1,7	0,5	0,0085	0,38	1,5

Estimated daily intake

#### EDI = (C x IR x EF x ED) / (Bw x AT)

**C** – concentration of trace element (mg/kg)

**IR** – ingestion rate (kg/day)

EF – exposure frequency (183 day/year, for potato 365 day/year)

**ED** – exposure duration (for female 69.7, for male 63.6)

**Bw** – body weight (for female 60 kg, for male 70 kg)

**AT** – which the dose is averaged (25550 days)

US EPA recommended the **SAFE LIMIT** for carcinogenic risk below 1 chance in a million lifetime exposure ( $CR < 10^{-6}$ ).

Threshold Risk Limit (CR >  $10^{-4}$ ) for cancer above 1 chance in 10,000 lifetime exposure where remedial measures are considerable.

Moderate Risk Level (CR >  $10^{-3}$ ) is above 1 in 1000 where public health safety consideration is more important (*Tchounwou et. al 2014*).











## **Carcinogenic risk of Ni**

Foodstuff	Ni
Bean	1.14E-02
Sweet pepper	5.29E-03
Maize	1.09E-02
Plum	1.75E-03
Grape	5.48E-03
Eggplant	5.10E-03
Tomato	4.03E-03
Cucumber	5.25E-04
Beet	3.37E-03
Potato	1.36E-02
Onion bulb	4.03E-05
Carrot	3.91E-03
Fennel	1.62E-03
Basil	9.96E-04
Cabbage	9.05E-04
Onion leaves	1.88E-03
Total	7.08E-02





F

0

R

R

U

R

A

L

P O

P U

L

A

Т

Ι

0

N



# **Carcinogenic risk of Ni**

Foodstuff	Ni
Dewberry	9,78E-05
Cornel	1,49E-04
Eggplant	<b>3,74E-04</b>
Sweet pepper	3,13E-04
Bean	1,23E-03
Tomato	1,39E-04
Zucchini	2,17E-04
Cucumber	2,69E-04
Beet	9,56E-05
Potato	7,04E-04
Onion leaves	4,69E-05
Carrot	1,43E-04
Greens	1,45E-04
Cabbage	2,26E-04
Lettuce	1,34E-04
Total	4.28E-03





F 0 R K A P A N R E S Ι D E N Τ S



## **Carcinogenic risk of Cr**



Foodstuff	Cr
Bean	4.13E-04
Sweet pepper	1.59E-04
Maize	2.33E-04
Plum	1.06E-04
Grape	1.11E-04
Eggplant	2.16E-04
Tomato	1.35E-04
Cucumber	<b>1.21E-04</b>
Beet	<b>1.70E-04</b>
Potato	4.46E-04
Onion bulb	1.48E-05
Carrot	2.31E-04
Fennel	1.32E-04
Basil	<b>1.17E-04</b>
Cabbage	<b>1.29E-04</b>
Onion leaves	6.23E-05
Total	<b>2.80E-03</b>



## **Carcinogenic risk of Cr**

	Cabbage	Lettuce	Dewberry				
Gr	eens 5%	3%	_6%	Cornel		Foodstuff	Cr
4	·%			4%		Dewberry	1,15E-
Carrot 5%_						Cornel	7,55E-(
					Eggplant	Eggplant	2,23E-(
1%			- / ¥		11 /0	Sweet pepper	1,22E-(
						Bean	2,47E-(
						Tomato	1,41E-(
					Sweet pepper	Zucchini	6,18E-
					6%	Cucumber	1,11E-(
						Beet	9,90E-(
	· All She			2Es		Potato	4,76E-
Potato					Bean	Onion leaves	1,69E-
23%					12%	Carrot	1,05E-
						Greens	8,33E-(
						Cabbage	1,12E-(
not for Ri						Lettuce	6,49E-0
The sea	Reet			Tomat	0	Total	2,05E-03
vent or ,	5% Cuci	umber _/	Zucchini	~ 10mat 7%			
Buy ujey Dog	3	970	3%0				

16



## **Carcinogenic risk of Pb**

Foodstuff	Pb
Bean	5.53E-06
Sweet pepper	2.64E-06
Maize	4.24E-07
Plum	2.64E-07
Grape	1.71E-07
Eggplant	2.60E-06
Tomato	1.60E-06
Cucumber	7.50E-07
Beet	2.07E-06
Potato	7.67E-06
Onion bulb	1.76E-08
Carrot	1.04E-06
Fennel	7.56E-07
Basil	7.25E-07
Cabbage	9.60E-07
Onion leaves	2.52E-07
Total	2.75E-05







# **Carcinogenic risk of Pb**

Foodstuff	Pb
Dewberry	3,57E-09
Cornel	3,36E-09
Eggplant	7,57E-09
Sweet pepper	5,25E-09
Bean	1,99E-08
Tomato	7,99E-09
Zucchini	7,52E-09
Cucumber	6,73E-09
Beet	3,78E-09
Potato	1,59E-08
Onion leaves	8,41E-10
Carrot	3,78E-09
Greens	1,16E-09
Cabbage	2,79E-09
Lettuce	3,15E-09
Total	9.33E-08





F

O R

K

A

P

A

N

R

E

S

Ι

D

E

Ν

Т

S



# **Carcinogenic risk of Cd**

Foodstuff	Cd
Bean	9.51E-07
Sweet pepper	1.31E-06
Maize	6.32E-07
Plum	6.22E-07
Grape	<b>2.30E-06</b>
Eggplant	0.00E+00
Tomato	2.05E-06
Cucumber	0.00E+00
Beet	1.08E-06
Potato	<b>3.77E-06</b>
Onion bulb	1.13E-07
Carrot	5.86E-06
Fennel	1.41E-07
Basil	2.82E-07
Cabbage	0.00E+00
Onion leaves	0.00E+00
Total	1.91E-05







# **Carcinogenic risk of Cd**

Foodstuff	Cd
Dewberry	5,97E-07
Cornel	2,53E-07
Eggplant	3,16E-06
Sweet pepper	1,49E-06
Bean	1,17E-06
Tomato	7,16E-06
Zucchini	1,88E-07
Cucumber	6,09E-07
Beet	1,51E-06
Potato	1,13E-05
Onion leaves	3,64E-07
Carrot	2,07E-06
Greens	7,08E-06
Cabbage	1,03E-06
Lettuce	9,64E-07
Total	3.89E-05





## **Carcinogenic risk of As**



Foodstuff	As
Bean	7.51E-06
Sweet pepper	1.04E-05
Maize	7.49E-06
Plum	2.45E-06
Grape	3.63E-05
Eggplant	1.14E-05
Tomato	4.04E-06
Cucumber	3.31E-06
Beet	0.00E+00
Potato	2.23E-05
Onion bulb	8.90E-07
Carrot	0.00E+00
Fennel	3.34E-06
Basil	5.56E-07
Cabbage	7.26E-06
Onion leaves	0.00E+00
Total	1.17E-04



## **Carcinogenic risk of As**



Foodstuff	As
Dewberry	1,66E-06
Cornel	1,56E-06
Eggplant	3,51E-06
Sweet pepper	2,44E-06
Bean	3,51E-06
Tomato	<b>3,71E-06</b>
Zucchini	1,95E-06
Cucumber	3,12E-06
Beet	1,76E-06
Potato	7,40E-06
Onion leaves	<b>3,90E-07</b>
Carrot	1,76E-06
Greens	9,76E-07
Cabbage	2,34E-06
Lettuce	1,46E-06
Total	3,76E-05



## **Total Carcinogenic Risk**



Foodstuff	Σ	
Bean	1.18E-02	
Sweet pepper	5.46E-03	
Maize	1.12E-02	
Plum	1.86E-03	
Grape	5.63E-03	
Eggplant	5.33E-03	
Tomato	4.17E-03	
Cucumber	6.50E-04	
Beet	3.55E-03	
Potato	1.40E-02	
Onion bulb	5.62E-05	
Carrot	4.15E-03	
Fennel	1.76E-03	
Basil	1.11E-03	
Cabbage	1.04E-03	
Onion leaves	1.94E-03	
Total	7.37E-02	



# **Total Carcinogenic Risk**

	Cabbage ]	Lettuce Dowborry	Correl		
G	5% ⊤eens	3% $2%$	4%		Food
Carrot	4%_			Eggplant	]
3%_				<b>7</b> 70	
Orden learnes		<u> </u>			
1%				Sweet perper	a
				-Sweet pepper	Swe
	1 m			<u>&gt;</u>	
Potato					(
17%					(
			000		Oni
Beet					
2%				Bean	
				29%	
Cue	cumber				
A A A A A A A A A A A A A A A A A A A	0%				
lent or	Zucchini 5%	Tomato			
Required were Start	270	3%			

Foodstuff	Σ
Dewberry	2,15E-04
Cornel	2,26E-04
Eggplant	6,04E-04
Sweet pepper	<b>4,38E-04</b>
Bean	1,48E-03
Tomato	2,91E-04
Zucchini	2,81E-04
Cucumber	3,84E-04
Beet	1,98E-04
Potato	1,20E-03
Onion leaves	6,46E-05
Carrot	2,52E-04
Greens	2,36E-04
Cabbage	3,41E-04
Lettuce	2,02E-04
Total	6,41E-0.

Science of the Total Environment 642 (2018) 864-878



Contents lists available at ScienceDirect

Science of the Total Environment

journal homepage: www.elsevier.com/locate/scitotenv



Pollution characteristics and health risk assessment of heavy metals in the vegetable bases of northwest China

Rukeya Sawut <sup>a,c</sup>, Nijat Kasim <sup>a,c</sup>, Balati Maihemuti <sup>a,b,c,\*</sup>, Li Hu <sup>e</sup>, Abdugheni Abliz <sup>c,d</sup>, Abdusalam Abdujappar <sup>a,c</sup>, Miradil Kurban <sup>a</sup>

#### HIGHLIGHTS

- A comprehensive heavy metal pollution and health risk assessment of agricultural soil was conducted.
- Soils of the examined vegetable bases were more seriously polluted by heavy metals than was groundwater.
- Heavy metal pollution in soil leads to high health risks to the public, especially children.
- Major pollution sources affecting the vegetable bases, such as transportation, agricultural activities and stock farming.

#### GRAPHICAL ABSTRACT



Study strongly suggests that the vegetable base soil quality should be periodically investigated, and an **urgent and systematic study** should be conducted on vegetables growing in the contaminated soils.

In addition, effective measures should be adopted to control heavy metal pollution in the study area, and strong and efficient actions should be taken to decrease the human health risks (non-carcinogenic or cancer risk) caused by heavy metals resulting from unreasonable agricultural activities and surrounding industrial plants.

Chemosphere 152 (2016) 431-438



Presence of heavy metals in fruits and vegetables: Health risk implications in Bangladesh

Nazma Shaheen <sup>a, \*</sup>, Nafis Md. Irfan <sup>a</sup>, Ishrat Nourin Khan <sup>a</sup>, Saiful Islam <sup>a</sup>, Md. Saiful Islam <sup>b</sup>, Md. Kawser Ahmed <sup>c</sup>

ABSTRACT

The presence of toxic heavy metals such as As, Cd, Pb, Cr, Mn, Ni, Cu, and Zn in nationally representative samples of highly consumed fruits and vegetables was determined by inductively coupled plasma mass spectrometry (ICP-MS). Their concentrations exceeded the maximum allowable concentration (MAC) set by FAO/WHO for Pb in mango and Cd in tomato among the analyzed fruits and vegetables. Pb content in mango was found to be six times higher than the safe limit at production level. Health risks associated with the intake of these metals were evaluated in terms of estimated daily intake (EDI), and carcinogenic and noncarcinogenic risks by target hazard quotient (THQ) and hazard index (HI). EDI values of all the metals were found to be below the maximum tolerable daily intake (MTDI). The THQs of all metals were <1, suggesting no health hazards for adult population. However, total THQs of Mn and Cu were >1 through consumption of all vegetables, indicating significant health risks. HI was found to be <1 (0.825) for consumption of fruits; however, it was >1 (3.727) for vegetable consumption, suggesting adverse health effects from vegetable consumption only. The total carcinogenic risk (CR) of As was below the threshold level (10<sup>-6</sup>) and 9.82E-05 for Pb, suggesting no potential CR from As consumption, but indicating the risk of Pb-induced carcinogenesis. The findings of this study reveal the health risks associated with the consumption of heavy metals through the intake of selected fruits and vegetables in adult population of Bangladesh.

© 2016 Elsevier Ltd. All rights reserved.

The total carcinogenic risk (CR) of As was below the threshold level (E-06) and **9.82E-05 for Pb**, suggesting no potential CR from As consumption, but indicating the risk of Pb-induced carcinogenesis.

The findings of this study significantly contribute to the field of food safety, considering the health risk for Bangladeshi population.

0(0) 1-14

(c) The Author(s) 2018

Reprints and permissions:

Journal of

INTERNATIONAL

Iournal of International Medical Research

sagep ub. co.uk/journals Permissions DOI: 10.1177/030006051.9

journals.sagepub.c

MEDICAL RESEARCH

Special Issue on Urban Environmental Taxins: Public Exposure and Health Risk Management

#### Heavy metal contamination in soils and vegetables and health risk assessment of inhabitants in Daye, China

Jun Yang<sup>1,2,\*</sup>, Silu Ma<sup>1,2,\*</sup>, Jingcheng Zhou<sup>1,2</sup>, Yongwei Song<sup>1,2</sup> and Fei Li<sup>1,2</sup>

#### Abstract

**Objective:** This study was performed to evaluate the state of heavy metal contamination in soil and vegetables and assess the health risk of inhabitants in the mine-affected area and area far from the mine (reference area) in Daye, China.

**Methods:** The heavy metal concentrations in soil and vegetable samples were detected by inductively coupled plasma mass spectrometry. Residents' exposure parameters were obtained through a questionnaire survey. A health risk assessment model recommended by the United States Environmental Protection Agency was used to evaluate the residents' risk of oral exposure. **Results:** The copper, lead, cadmium, and arsenic concentrations in soil and in vegetables were higher in the mine-affected area than in the reference area. The health risk of residents in the reference area was within the acceptable range (hazard index < I, carcinogen risk <  $10^{-4}$ ). In the contaminated area, however, the mean hazard index was 2.25 for children and 3.00 for adults, and the mean carcinogen risk was  $4.749 \times 10^{-4}$  for children and 0.587  $\times 10^{-4}$  for adults.

**Conclusions:** Potential health risks exist for inhabitants near the mine area. Cadmium and arsenic should be paid more attention as risk sources.

TheCRcontributionrateofdifferentheavymetalsforresidentsinboththecontaminatedandreferenceareasshowedtheorder of As > Cd > Pb.

From a health risk perspective, the environmental quality standards and food safety standards of some heavy metals may need to be improved.



Available online at www.sciencedirect.com

ScienceDirect

Journal of Geochemical Exploration 96 (2008) 223-230

JOURNAL O

www.elsevier.com/locate/jgeoexp

## Heavy metal contamination and health risk assessment in the vicinity of the abandoned Songcheon Au–Ag mine in Korea

Hye-Sook Lim<sup>a</sup>, Jin-Soo Lee<sup>b</sup>, Hyo-Taek Chon<sup>a,\*</sup>, Manfred Sager<sup>c</sup>

#### Abstract

The objective of this study is, firstly, to investigate the contamination levels and dispersion patterns of As and heavy metals, secondly, to estimate the bioaccessible fraction of the metals in soil and crop plant and, finally, to assess the risk of health effects on the residence in the vicinity of the abandoned Songcheon Au-Ag mine, Korea. Samples of tailing, soil, crop plant and water were collected around the mine site. After appropriate preparation, all samples were analyzed for As, Cd, Cu, Pb and Zn by ICP-AF and ICP-MS. Elevated levels of As and heavy metals were found in tailing. Mean concentrations of As in agricultural se higher than the permissible level. Especially, maximum levels of As and Hg in farmland soil were up to 626 mg/kg a respectively. The highest levels in crop plant were 33 mg As/kg and 3.8 mg Pb/kg (in green onion root), 226 mg Zn/kg (in lettuce root), 16.3 mg Cu/kg (in sesame leaves). The concentration of heavy metals in those in grains and stalk. Vegetables grown on the contaminated soil were rich in As and heavy me and Zn in most stream waters which are used for drinking water around the mine area wa regulated in Korea. Maximum levels of As, Cd and Zn in stream waters were 0.71 m spectively. These results indicate that mine tailings can be the main contamination sources of soil-water system of was 3% As, 40% Cd, 15% Cu, the mine site. The average of estimated human-bioaccessible fraction in so 31% Pb and 21% Zn, and that in simulated small intestine 12% As, 22 <sup>6</sup> Pb and 1.2% Zn. The highest value of human-bioaccessible fraction of metal in farmland soil was 859 unated human-bioaccessible fraction of plant was up to 97% for Cd in simulated stomach, and to 51% for P small intestine. The highest human-bioaccessible fractions were found in Chinese cabbage (in stomach) and p es (in small intestine). The average human-bioaccessible fraction in plants were 47% As, 70% Cd, 62% Cu, 0% and 62% Zn in simulated stomach and 22% As, 7% Cd, 27% Cu, 9% Pb and 23% Zn in simulated small intestine. The and (hazard quotient) value of the mine site was 16, and especially, the HI (hazard index) value of only As was 15. The carcinogenic risk of the mine site was 2.7E–03. This value means the probable possibility that about 3 cancer patients among 1000 people happen. Carcinogenic risk exceeded in the generally accepted range of E-04 to E-06. © 2007 Elsevier B.V. All rights reserved.

The carcinogenic risk of the mine site was 2.7E–03. This value means the probable possibility that about 3 cancer patients among 1000 people happen.

Carcinogenic risk exceeded in the generally accepted range of 1E–04 to 1E–06.

Ecotoxicology and Environmental Safety 163 (2018) 153-164



Contents lists available at ScienceDirect

Ecotoxicology and Environmental Safety

journal homepage: www.elsevier.com/locate/ecoenv



Pollution and health risk assessment of heavy metals in agricultural soil, atmospheric dust and major food crops in Kermanshah province, Iran

Shahab Ahmadi Doabi<sup>a,\*</sup>, Mahin Karami<sup>b</sup>, Majid Afyuni<sup>a</sup>, Mojgan Yeganeh<sup>c</sup>

#### ABSTRACT

A total of 167 samples of agricultural soil, atmospheric dust and food crops (wheat and maize) were collected, and four heavy metals, including Zn, Cu, Ni, and Cr, were analyzed for their concentrations, pollution levels and human health risks. The mean heavy metal contents in the agricultural soil and atmospheric dust were exceeds background values and lower than their IEQS (Iranian Environmental Quality Standard) with an exception of Ni. A pollution assessment by Geo-accumulation Index ( $I_{geo}$ ) showed that the pollution levels were in the order of Ni > Cu > Cr > Zn for agricultural soils and Ni > Cu > Zn > Cr for atmospheric dust. The Ni levels can be considered "moderately to heavily contaminated" status. The human health risk assessment indicated that non-carcinogenic values were below the threshold values (1), and main exposure pathway of heavy metals to both children and adults are ingestion. The carcinogenic risks values for Ni and Cr were higher than the safe value  $(1 \times 10^{-6})$ , suggesting that all receptors (especially wheat) in Kermanshah province might have significant and acceptable potential health risk because of exposure to Ni and Cr. The carcinogenic risk for children and adults has a descending order of Ni > Cr, except for wheat. These results provide basic information on heavy metal contamination control and human health risk assessment management in the Kermanshah province.

The carcinogenic risks values for Ni and Cr were higher than the safe value (1E-6), suggesting that in Kermanshah province might have significant and acceptable potential health risk because of exposure to Ni and Cr.

Children are likely under a higher health risk than adults, especially where the carcinogenic risk is higher than 1E-4, indicating that children may be facing the threat of serious carcinogenic risk over a lifetime.

These findings indicate that more consideration ought to be paid to HM contamination of food crops in Kermanshah province.



## Conclusions

- Each of studied trace elements poses significant level of carcinogenic risk through fruits and vegetables consumption.
- > Total carcinogenic risk values for investigated trace elements in Syunik rural communities showed a decreasing order of  $Ni > Cr > As > Pb > Cd > 10^{-6}$ .



> Total carcinogenic risk values for investigated trace elements in Kapan showed a decreasing order of  $Ni > Cr > Cd > As > 10^{-6} > Pb$ .





Among investigated fruits and vegetables **potato**, **bean** and **maize** were considered the most hazardous.



## Recommendations

- It is recommended that intense consumption of vegetables and fruits growing in contaminated areas should be avoided.
- > Appropriate risk management actions are needed.
- > Implementation of Good Agricultural Practices (GAP).
- A more comprehensive assessment of the dietary exposure of trace elements is needed that would take into account many other exposure pathways (i.e. inhalation or dermal pathways) in order to ensure the safety of the population living under the impact of mining industry.







#### Biological Trace Element Research https://doi.org/10.1007/s12011-018-1522-8

### **Publications**

#### Dietary Exposure Assessment of Potentially Toxic Trace Elements in Fruits and Vegetables Sold in Town of Kapan, Armenia

Davit Pipoyan<sup>1</sup> · Meline Beglaryan<sup>1</sup> · Stella Stepanyan<sup>1</sup> · Nicolò Merendino<sup>2</sup>

Received: 7 August 2018 / Accepted: 12 September 2018 © Springer Science+Business Media, LLC, part of Springer Nature 2018

#### Abstract

Fruits and vegetables grown under the impact of Armenia's mining industry are widely sold in markets of adjacent towns. As the share of fruits and vegetables in Armenians' diet is significant, the present study aims to assess the dietary exposure of potentially toxic trace elements through the intake of fruits and vegetables sold in Kapan town, located in the biggest mining region of Armenia. The concentrations of Cu, Mo, Ni, Cr, Pb, Zn, Hg, As, and Cd in 15 types of fruits and vegetables were determined. Non-carcinogenic and carcinogenic risks were assessed. Although the estimated daily intakes of trace elements for each studied food item did not exceed health-based guidelines values, in case of the combined consumption of fruits and vegetables estimated cumulative daily intakes exceeded reference doses for Cu and Mo. Moreover, carcinogenic risk for the majority of fruits and vegetables estimated of this study can serve as a basis for further research that will consider many other exposure pathways (i.e., inhalation or dermal pathways) in order to ensure the safety of the residents living under the impact of mining industry.



#### Human and Ecological Risk Assessment: An International Journal

ISSN: 1080-7039 (Print) 1549-7860 (Online) Journal homepage: http://www.tandfonline.com/loi/bher20

Risk Assessment of Population Exposure to Toxic Trace Elements via Consumption of Vegetables and Fruits Grown in Some Mining Areas of Armenia

Davit Pipoyan, Meline Beglaryan, Lara Costantini, Romina Molinari & Nicolò Merendino

To cite this article: Davit Pipoyan, Meline Beglaryan, Lara Costantini, Romina Molinari & Nicolò Merendino (2017): Risk Assessment of Population Exposure to Toxic Trace Elements via Consumption of Vegetables and Fruits Grown in Some Mining Areas of Armenia, Human and Ecological Risk Assessment: An International Journal, DOI: <u>10.1080/10807039.2017.1381019</u>

Taylor & Francis

To link to this article: http://dx.doi.org/10.1080/10807039.2017.1381019



Human and Ecological Risk Assessment: An International Journal

ISSN: 1080-7039 (Print) 1549-7860 (Online) Journal homepage: http://www.tandfonline.com/loi/bher20

Exposure assessment of potentially toxic trace elements via consumption of fruits and vegetables grown under the impact of Alaverdi's mining complex

Davit Pipoyan, Meline Beglaryan, Liana Sireyan & Nicolò Merendino

To cite this article: Davit Pipoyan, Meline Beglaryan, Liana Sireyan & Nicolò Merendino (2018): Exposure assessment of potentially toxic trace elements via consumption of fruits and vegetables grown under the impact of Alaverdi's mining complex, Human and Ecological Risk Assessment: An International Journal, DOI: <u>10.1080/10807039.2018.1452604</u>

To link to this article: https://doi.org/10.1080/10807039.2018.1452604



Taylor & Francis

THANK YOU FOR YOUR KIND ATTENTION

meline.beglaryan@cens.am

<u>+374 94 50 54 80</u> +374 10 55 30 81

Web: https://www.cens.am/ FB: web.facebook.com/cens.armenia